

THE EXPRESSION OF GENETIC TENDENCIES

Most diseases occur, **IF**, and only **IF**, the person with a genetic tendency does what is necessary to express that genetic tendency.

While people have the "tendency" to high cholesterol, high blood pressure, diabetes, cancer of the breast, diverticulitis, gall stones, etc., these diseases occur **IF**, and only **IF**, these susceptible people do what is necessary to cause the expression of that genetic tendency/disease.

In that sense, all diseases are "genetic" and merely represent the interaction of that person's genetic tendency coming in contact with a specific (and disease generating) behavior, very much as a lighted match brought to gasoline creates fire.

H. Robert Silverstein, MD, FACC
1000 Asylum Avenue #2109
Hartford, CT 06105
860-549-3444
www.thepmc.org